



## Are you selfish?

Some yamím (days) ago I had this conversation with this person that I have not seen for a long time; I did not even remember his name. In a matter of 12 minutes he spoke about his accomplishments, about his wonderful family, and some other things, at the end of the conversation he says to me, we should talk some time. After listened to this person I realized that there are a lot of people like him and this lesson is about that kind of people. The dictionary defines egoism as: excessive concern for oneself with or without exaggerated feelings of self-importance, a doctrine that individual self-interest is the actual motive of all conscious action. The Torá says about this behavior in

***Filipsayahim (Philippians) 2:3-4, 3 Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. 4 Let each of you look out not only for his own interests, but also for the interests of others.***

**Some characteristics of the selfish person based on the last verses are:**

- *This person thinks just about him or herself.*
- *This person does not like to share possessions if he does not take advantage of it.*
- *This person will not support any one without taking something from it as a benefit.*
- *This person is a traitor with everybody in order to get benefit from the situations.*
- *This person will agree or disagree with others depending on which side gives him or her more benefit.*
- *If the person receives something immediately will get happy.*
- *This person does not care if you are ok or not.*
- *This person will complaint if you do not worry about him or her.*
- *This person will disappear if you need something from him or her.*
- *This type of people thinks only about themselves.*
- *They need to get anything they want in order to satisfy themselves and do not care about others.*
- *If they see someone happy they will do whatever it takes to make them unhappy.*
- *They are capable to take away others food and leave them without anything in order for them to be satisfied.*
- *You cannot talk to this people about anything because they will tell everybody about your personal things.*
- *These people act friendly but they will harm you whenever is necessary.*
- *They will harm everybody and will do anything it takes if their ego is harm.*
- *They do not appreciate others and their value and they do whatever it takes to make you look bad.*
- *They will always let you down and in the worst way.*

We need to do our best in order to avoid these type of people that will take our shalom (peace) away and let's look for people and friends that have the description given in this verse in the Torá in Filipsayahim 2:3-4, 3...but in lowliness of mind let each esteem others better than himself 4 Let each of you look out not only for his own interests, but also for the interests of others. If you change all the negative characteristics given before to positive characteristics and you will get the description of someone that is under Yahwéh's will and you would have found a treasure, a truly friend, a partner, a husband or wife, etc. At this time you will feel shalom with this person being next to you.

If you have this type of tendency and your egoism does not let you stop worrying about yourself, stop! And start worrying about others and leave the egoism behind. You can start by asking yourself these following questions, at the beginning and at the end of the yom (day):

1. *To whom am I giving berajáh (blessing) in my life?*
2. *To whom am I helping without being able to return the favor?*
3. *To whom are you helping to stand up again when not able to do it by himself or herself?*
4. *To whom am I cheering every yom without expecting anything in return?*
5. *With whom are you sharing the Torá in order to improve their rujani (spiritual) life?*
6. *Whom are you praying for in order to accomplish their goals under Yahwéh's will?*

**If you are going to act every single yom by thinking about the others and their interests, soon you will be able to provide the right answers to the previous questions.**

**Shalom in YaHWÉH. I give todá to the Ruaj HaKodesh for using me as part of his eternal plan of restoration.  
(Written by J.CHAV.D) 04/29/2011**